DUBLIN UNIVERSITY CENTRAL
ATHLETIC CLUB
(DUCAC)

PAVILION MEMBERSHIP 99/00

Pavilion Membership of DUCAC is open to all staff of the College, and to graduates of the university who have spent at least two years on the books of the college as students paying the Capitation Fee.
The Subscription for the year 1999/2000 is £60.00. Life Members of DUCAC are exempt from subscription, but are required to pay £15 per annum if they wish to use the sports facilities.

IMPORTANT NEWS

College is currently developing plans to build a new 'State of the Art' Sports Centre on a site adjacent to College on Pearse Street near the DART Station. This new complex will include a 25m eight lane competition swimming pool, saunas, steam rooms, a fitness suite, major and minor sports halls, new racket courts and many other sports facilities. Pavilion members will of course be eligible to join and use these new facilities.

In addition, a Director of Sport, Terry McAuley, has been appointed and a new Committee for Sport and Recreation has been established. All sports facilities will in future years be organised and managed from the Director of Sports Office while DUCAC will continue to act as governing body for College Sports Clubs.

These important developments will necessarily result in changes to the DUCAC constitution and to the way in which the sports facilities are used and managed. The sports complex should be completed within two years and during that period the necessary alternations to our rules will be publicised and implemented.

The enclosed application form should be completed and returned to:

Ms. Geraldine McAuley
Executive Officer
D.U.C.A.C
27, TRINITY COLLEGE,
DUBLIN 2.

with the necessary enclosures, as soon as possible. For further information please Ph: 608 2268.

T.T. WEST
Chairman, DUCAC

Ray Fuller,
Chairman, Pavilion Bar Members

FACILITIES

Pavilion Members may use all Sports Facilities in College, at Santry and at Trinity Hall, including the Tennis Courts, Weights Room, Squash Courts, and the Multi-purpose Luce Sports Centre. They are also entitled to participate in any of the classes or Instruction Programmes offered on the Recreation Programme during the year. These will involve an additional nominal charge.

Pavilion Members may also introduce guests to the Sports Facilities in out of term periods and after 17.00 hrs. on Fridays and for the weekend, on payment of the appropriate fee.

BOOKINGS

Most Sports may be booked in advance at the Luce Sports Centre Reception Desk. A Telephone Booking System is in operation. Please phone the Physical Recreation Office Ph: 608 1803 for details if you wish to subscribe to the scheme. Members may query availability of facilities by telephone Ph: 608 1812. All booking charges may be paid in advance.

EXTERNAL USE

Outside Clubs, Business Houses etc, may book the Sports Facilities in College out of term by contacting the Physical Recreation Office Ph: 608 2243. Use of the playing fields is dependent on suitable weather conditions and may be suspended, at short notice, by the ground staff.

PAVILION BAR

The Pavilion is the recognised Clubhouse for all DUCAC Members. In addition to full Bar facilities, the Pavilion offers a full catering Menu for Club and Social Functions at all times, on application to Mr. Darrin Sutherland Bar Manager. All guests must be signed into the Visitors Book by Members

INDIVIDUAL SPORTS CLUB MEMBERSHIP

All Pavilion Members are entitled to join any of the 50 DUCAC Clubs on payment of the appropriate fee. Except in the specific case of graduate or staff teams, membership of club teams is generally restricted to student members of DUCAC.

FITNESS EQUIPMENT

There is a wide range of Fitness Equipment, including weights, treadmills, bikes, stepper and rowing ergonometers, as well as a separate Free Weights training area. Qualified fitness instruction available.
First time users are advised to see the instructor before exercising in the gym.

Members of staff - don't forget to check the College Weekly Listings sheet and the Sports Centre Notice board for details of upcoming Sports and Recreation activities.

TENNIS & SQUASH

3 Floodlit Tennis Courts and 5 Squash Courts, are available for recreational use by members, which can be booked at the Sports Centre Reception Desk.

APPLICATION FORM 99/00
PLEASE COMPLETE IN BLOCK CAPITALS

TITLE (Mr.Mrs.Ms.Dr.)...

NAME..

HOME ADDRESS ....

....

....
(has your address changed since you last were a member?) Yes ☐ No ☐

Home Phone: ....

MEMBERSHIP NUMBER 98/99 (if known)...............................

YEAR DEGREE AWARDED ....

To be completed by T.C.D. STAFF only

STAFF CARD NO..

COLLEGE ADDRESS ....

....

COLLEGE PHONE NUMBER..

LIFE MEMBERSHIP NO. (if applicable)..................................

Method of payment (please tick)

Postal Order ☐ Cheque ☐ Credit Card ☐

Credit card details: No.

PLEASE ENSURE THAT YOUR ADDRESS IS AS PER YOUR CREDIT CARD STATEMENT

Expiry Date..

Signature..

HAVE YOU ENCLOSED?

(1) Photograph or previous card

(2) Cheque or Postal Order for £60.00 payable to DUCAC
(£15.00 for Life Members) or credit card details.

(3) A completed application form.

QUESTIONNAIRE

(1) How did you first become aware of the sports facilities? (please tick appropriate box)

Read about it ☐ Advertising/Notices ☐

Friends/Colleagues ☐ Other ☐ Please state: ____________________

(2) What is your reason for joining the sports facilities?

To get in shape ☐ Specific facilities ☐

To stay in shape ☐ Near to work ☐

To lose weight ☐ Other ☐ Please state: ______________

(3) What facilities/programs interest you?

Cardiovascular equipment ☐ General fitness ☐

Strength training ☐ Sports club ☐

Fitness classes ☐ Outdoor facilities ☐

Squash Courts ☐ Other ☐ Please state: ____________________

Tennis Courts ☐

(4) Are you or have you been a member of another sports centre? If so, state where.

____ __________________